



*Diseases & Surgery of the
Retina and Vitreous*

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Clinical Trials

Allergan Posurdex Implant for DME
Alimera Iluvien Implant for DME
ThromboGenics Microplasmin
for Vitreo-Macular Traction
Lpath-iSONEP for ARMD
Regeneron VEGF-Trap for ARMD
Genentech Lucentis for CRVO
Genentech Lucentis for CRVO Ext.
Regeneron VEGF-Trap for CRVO
Novartis Aliskiren for DME
DRCR Lucentis for Diabetic VH
Regeneron VEGF-Trap for ARMD Ext.
Alimera Iluvien Implant for DME Ext.
GSK Oral Pazopanib for ARMD
GSK Topical Pazopanib for ARMD
Alcon ESBA 1008 for ARMD
Santen DE-109 for Posterior Uveitis
Allergan Ozurdex vs. Lucentis for DME
Regeneron VEGF-Trap for BRVO
Novartis LFG316 for Dry AMD
Van Andel Institute Vitreous Sample
DRCR Topical NSAID for DME
Wilmer iDEAL for DME
Saint Mary's Vitreous Sample

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Vitreo-Retinal Associates, P.C.

Athletes and Protective Eyewear

From major league baseball stadiums to small-town softball fields, athletes are competing against each other, building physical fitness, entertaining millions and teaching the value of hard work and teamwork.

But for more than 40,000 athletes each year, the game can be ruined by an errant finger or a misjudged catch. That's the number of sports-related eye injuries that occur annually in the United States. Approximately one-third of eye-injury victims are children.

The American Academy of Ophthalmology and VRA would like to remind the public that the only way to prevent a sports-related eye injury is for athletes to wear appropriate, sport-specific protective eyewear properly fitted by an eye care professional. Lenses made from polycarbonate materials provide the highest level of impact protection; they can withstand the impact of a ball or other projectile traveling at 90 miles per hour.

Athletes need to use protective eyewear because eye injuries can be devastating. Eye injuries are one of the leading causes of visual impairment in children. The injuries range from abrasions of the cornea and bruises of the lids to internal eye injuries, such as retinal detachments and internal bleeding. Unfortunately, some of these young athletes end up with permanent vision loss and blindness.

Many sports create risk for eye injuries, however, protection is available for many activities, including basketball, baseball, hockey, football, lacrosse, fencing, paintball and water polo, as well as racquetball, soccer and downhill skiing. The solution is simple: wear eye protection anytime you are playing sports, especially those that involve small balls at high velocity. Most sporting leagues don't require children to wear eye protection, so parents must insist that their children wear eye protection when they play. Parents also can set a good example by wearing eye protection when playing sports.

Even a seemingly light blow can cause a serious eye injury. If a black eye, pain or visual problem occurs after a blow, contact your Eye M.D. or seek emergency medical help immediately.

VRA is West Michigan's most experienced ophthalmology practice for highly specialized eye care with convenient locations in Grand Rapids, Kalamazoo, and Muskegon.

Drs. Jeffrey Zheutlin, Frank Garber, and Louis Glazer, all board certified and renowned ophthalmologists, specialize in the diagnosis and treatment of conditions of the eye including macular degeneration, diabetic retinopathy, macular disease and retinal detachment.

As the area's leader in innovative eye research, we offer the latest advancements in diagnostic and surgical technologies.

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