



*Diseases & Surgery of the
Retina and Vitreous*

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Clinical Trials

Allergan Posurdex Implant for DME
Alimera Iluvien Implant for DME
ThromboGenics Microplasmin
for Vitreo-Macular Traction
Lpath-iSONEP for ARMD
Regeneron VEGF-Trap for ARMD
Genentech Lucentis for CRVO
Genentech Lucentis for CRVO Ext.
Regeneron VEGF-Trap for CRVO
Novartis Aliskiren for DME
DRCR Lucentis for Diabetic VH
Regeneron VEGF-Trap for ARMD Ext.
Alimera Iluvien Implant for DME Ext.
GSK Oral Pazopanib for ARMD
GSK Topical Pazopanib for ARMD
Alcon ESBA 1008 for ARMD
Santen DE-109 for Posterior Uveitis
Allergan Ozurdex vs. Lucentis for DME
Regeneron VEGF-Trap for BRVO
Novartis LFG316 for Dry AMD
Van Andel Institute Vitreous Sample
DRCR Topical NSAID for DME
Wilmer iDEAL for DME
Saint Mary's Vitreous Sample

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Vitreo-Retinal Associates, P.C.

Eat for Eye Health

The old adage that eating carrots will improve your vision is not entirely true. It is actually vitamin A, a nutrient found in carrots, that helps protect your eyes; this is the same nutrient that is found in many other vegetables including leafy greens, spinach, broccoli and sweet potatoes. The important thing is to make sure to include a variety of vegetables in your diet for good eye health.

Want to learn more about eye-healthy foods, including delicious recipes from celebrity chefs? As part of it's National Give the Gift of Sight campaign, EyeCare America is offering a free, colorful recipe book, called Feast Your Eyes on This! The cookbook makes for a wonderful gift filled with eye-healthy dishes and can be printed out at www.eyecareamerica.org.

VRA is West Michigan's most experienced ophthalmology practice for highly specialized eye care with convenient locations in Grand Rapids, Kalamazoo, and Muskegon.

Drs. Jeffrey Zheutlin, Frank Garber, and Louis Glazer, all board certified and renowned ophthalmologists, specialize in the diagnosis and treatment of conditions of the eye including macular degeneration, diabetic retinopathy, macular disease and retinal detachment. As the area's leader in innovative eye research, we offer the latest advancements in diagnostic and surgical technologies.

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