



*Diseases & Surgery of the
Retina and Vitreous*

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Clinical Trials

Allergan Posurdex Implant for DME
Alimera Iluvien Implant for DME
ThromboGenics Microplasmin
for Vitreo-Macular Traction
Lpath-iSONEP for ARMD
Regeneron VEGF-Trap for ARMD
Genentech Lucentis for CRVO
Genentech Lucentis for CRVO Ext.
Regeneron VEGF-Trap for CRVO
Novartis Aliskiren for DME
DRCR Lucentis for Diabetic VH
Regeneron VEGF-Trap for ARMD Ext.
Alimera Iluvien Implant for DME Ext.
GSK Oral Pazopanib for ARMD
GSK Topical Pazopanib for ARMD
Alcon ESBA 1008 for ARMD
Santen DE-109 for Posterior Uveitis
Allergan Ozurdex vs. Lucentis for DME
Regeneron VEGF-Trap for BRVO
Novartis LFG316 for Dry AMD
Van Andel Institute Vitreous Sample
DRCR Topical NSAID for DME
Wilmer iDEAL for DME
Saint Mary's Vitreous Sample

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Vitreo-Retinal Associates, P.C.

Senior Eye Safety Includes Preventing Slips and Trips

Simple steps around the home can prevent eye injuries among seniors and other household members.

When an elderly relative falls, the most common fear for family members is broken bones. But eye injuries can be just as serious and debilitating. Home is where most eye injuries occur, and slips and falls are among the most common types of home injuries. Slippery stairs, loose railings or sharp edges on furniture can lead to painful falls and devastating eye injuries for seniors, as well as children and other household members.

The American Academy of Ophthalmology and VRA want to remind seniors and their caregivers to be especially aware of their home environment and take preventive steps to lessen their risk of eye injury. Family members are often concerned about their elderly relatives falling. The most unexpected falls can cause the worst injuries. For the sake of your loved ones, you should take the proper precautions to help prevent dangerous and potentially blinding accidents in the home.

Consider taking these safety steps around the home to diminish the risks of injuring your eyes:

- Make sure that rugs and shower/bath/tub mats are slip-proof.
- Secure railings so that they are not loose
- Cushion sharp corners and edges of furnishings and home fixtures.

In the event you do suffer and eye injury, have an ophthalmologist examine the injury as soon as possible, even if the injury seems minor at first. Eye injuries can lead to long-term eye health problems, including the development of glaucoma and cataracts.

VRA is West Michigan's most experienced ophthalmology practice for highly specialized eye care with convenient locations in Grand Rapids, Kalamazoo, and Muskegon.

Drs. Jeffrey Zheutlin, Frank Garber, and Louis Glazer, all board certified and renowned ophthalmologists, specialize in the diagnosis and treatment of conditions of the eye including macular degeneration, diabetic retinopathy, macular disease and retinal detachment. As the area's leader in innovative eye research, we offer the latest advancements in diagnostic and surgical technologies.

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